

Patient name: _____

Your selected dental treatment and procedures sequence requires the administration of IV (intravenous) medications to achieve a moderate level of conscious sedation. The following pre-operative instructions must be reviewed and followed precisely by the patient. Should you not be compliant with the following specific instructions, your sedation appointment will be cancelled, and you may be charged a cancellation fee.

Should you have any questions, please don't hesitate to ask.

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Pre-Operative Anesthesia Instructions for Outpatients

Intravenous Sedation and/or Monitored Anesthesia Care

1. Do not eat anything and do not drink any juices or milk for 8 (eight) hours before your appointment. Drink as much water or Gatorade up to 2 (two) hours before your appointment then stop drinking any more fluids of any kind. Doing this, you avoid dehydration. If you drink coffee, you may have your coffee black 2 hours before the appointment, no sugar, artificial sweetener, milk or any other additives.

Do not eat, drink, chew gum, or suck on candy, even if “sugar free”. If this is not strictly followed, your anesthetic may have to be canceled!

2. You must arrange to have a responsible adult companion physically present in the Surgical Day Care Unit at the time of discharge to escort you home.

If this is not clearly and positively established prior to your operation, your anesthetic may have to be canceled. You cannot go home alone by taxi, subway, or bus. You should not operate or drive any vehicle for twenty-four hours after surgery. This is for your safety.

3. Patients under age eighteen must have a parent or legal guardian present at the time of surgery to give written consent for anesthesia.

4. Bring a list of all the medicines you are now taking. Include with this list the doses, how often, and when you take the medicines.

5. Check with your surgeon about taking any medicine on the day of surgery.

6. If you start to develop or have a cold, fever, or any other acute illness, call your surgeon’s office.

7. For 48 hours before your sedation appointment, do not take any medication for sexual dysfunction such as Tadalafil (Cialis), Vardenafil (Levitra) or Sildenafil (Viagra) (for men) and/or Flibanserin (Addyi) or Bremelanotide (Vyleesi) (for women)

8. Arrive in the office at least one hour prior to your scheduled surgery.

Patients who arrive late may have to have their surgery rescheduled for another day.

9. Pregnant women cannot receive anesthesia for non-emergency surgery.

If a chance of pregnancy exists, please notify the office. We will need to obtain a negative pregnancy test in the office prior to commencing the procedure. If you are pregnant, your anesthesia appointment will have to be canceled.